ChopArt Creative Toolkit Program

A Trauma-Informed Visual Arts Program for Teens Residents in Shelter

What is the Creative Toolkit?

The Creative Toolkit Program is a weekly, trauma-informed visual arts workshop designed for middle and high school-aged youth experiencing homelessness. Hosted directly within shelters, the program uses the arts as a tool for healing, confidence-building, and creative expression.

Program Goals

- Promote mental wellness through trauma-informed creative expression
- Foster self-esteem and agency in youth navigating instability
- Create economic opportunity through youth-led art sales
- Support shelter staff with engaging, structured enrichment programming

What's Included

- Weekly visual arts instruction by trained Teaching Artists
- All supplies provided by ChopArt
- Co-designed lesson plans tailored to youth needs
- Trauma-informed practices and emotional safety tools
- Culminating DualConcepts Art Show — open to the public
- Youth receive 100% of profits from artwork sold

Measurable Outcomes

- 80%+ of youth report improved emotional regulation
- 100% complete original artwork for public exhibition
- Youth artists earn an average of $100–$200 from their work
- 75%+ average weekly attendance per shelter cohort
- 70%+ articulate growth through artist statements or reflections
- 90% of shelters report improved youth engagement and satisfaction

Partner Requirements

- Indoor space for 2-3 hours/week
- 4–10 middle or high school-aged participants
- One staff liaison for weekly check-ins
- A commitment to trauma-informed, youth-centered collaboration

Let's Partner

Bring the healing power of the arts to your youth. Contact us to learn more or schedule a presentation:

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